

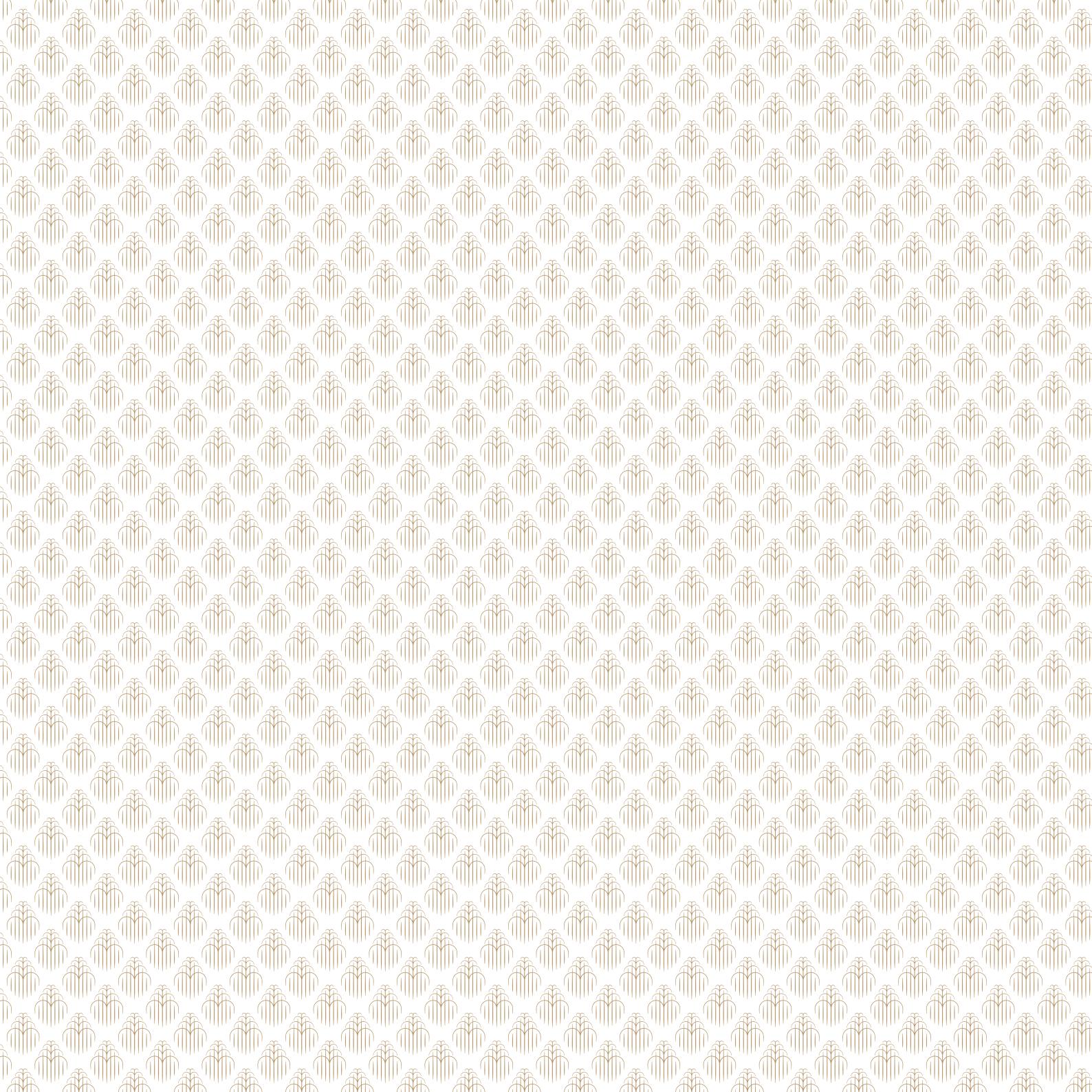


PALAZZO FIUGGI

WELLNESS MEDICAL SPA

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MEDICAL AND AESTHETIC MENU





MEDICAL TREATMENTS

MEDICAL SERVICES

3D BODY SCAN (STYKU)

€ 130 - 10 MIN

An easy and non-invasive full-body scanning. It requires one to stand still on a turntable and hold the pose for about 40 seconds. While the turntable is rotating, an infrared 3D camera extracts millions of data in order to evaluate measurements and create your 3D model. Styku is a supportive approach for performing body shape analysis and for meeting your body composition goals.

BIOELECTRICAL IMPEDANCE ANALYSIS (BIA)

€ 100 - 10 MIN

A non - invasive and broadly used approach for the assessment of the body composition in different clinical conditions. The measurement is obtained standing on the device and holding the electrodes for 60 seconds. BIA determines your body composition in terms of fat mass, muscle mass and hydration status. For that reason, it is advised to perform in the fasting state.

ELECTROCARDIOGRAM (ECG)

€ 100 - 10 MIN

A safe, painless and non-invasive procedure performed to measure heart electrical activity. It may help to diagnose heart conditions and arrhythmias in people of all ages. The test is performed by attaching electrodes to the skin. These can detect the electrical signals produced by each heartbeat.

TRANSVAGINAL ULTRASOUND

€ 350 - 30 MIN

Exam of female pelvic area and reproductive organs including uterus, ovaries, uterine tubes, cervix and vagina. There are no known risk factors related to this type of examination. Analysis is safe to perform on pregnant women.

CAROTID ULTRASOUND

€ 240 - 30 MIN

Performed to screen for shrinkage of the carotid arteries. Diagnosis is useful to start treatments that improve blood supply from the heart to the brain, reducing the risk of a stroke.

ABDOMINAL ULTRASOUND

€ 375 - 30 MIN

A non invasive and painless procedure performed to assess the morphology of organs located in the abdominal cavity. It is used to detect changes, to evaluate pain or distension of the abdomen, and to assess abdominal aorta, liver, gallbladder, bile ducts, pancreas, spleen, and kidneys.

MEDICAL SERVICES

PROSTATE ULTRASOUND

€ 375 - 30 MIN

Performed to evaluate the volume of the gland and highlight any abnormalities that may signal the presence of prostate disease. It is a non-invasive and painless examination.

VASCULAR LOWER LIMBS ULTRASOUND

€ 250 - 30 MIN

A non-invasive ultrasound procedure performed to evaluate blood circulation in the arteries and veins. It is also critical to detect the presence, the location and the severity of vascular diseases and blood clots, and to monitor patients after vascular procedure.

TESTICULAR ULTRASOUND

€ 220 - 30 MIN

Painless and non-invasive examination. Useful to diagnose any conditions such as: pain in the scrotum, testicular cancer, cysts, hernias and other pathologies.

THYROID AND PARATHYROID ULTRASOUND

€ 240 - 30 MIN

Performed to evaluate the size and morphology of the thyroid gland. This exam is useful to diagnose disorders of the thyroid gland and or parathyroid glands in the neck.

SOFT TISSUE ULTRASOUND

€ 220 - 30 MIN

Performed for the study of benign and neoplastic inguinal, axillary and neck lymph nodes. In addition, it is used for the study of lipomas, cysts and hernias.

MEDICAL SERVICES

BREAST ULTRASOUND

€ 360 - 30 MIN

Produces an image of the internal structure of the breast used to help diagnose any abnormalities and, if there are, to help determine what type of abnormalities exist.

ECHOCARDIOGRAPHY

€ 400 - 30 MIN

Ultrasound to check the heart and nearby blood vessels. The echocardiogram is used to monitor and control the condition of the heart. It allows to verify the structure, analyze the blood flow and evaluates the condition of the arteries and ventricles.

COLON HYDROTHERAPY

€ 400 - 60 MIN

Colon Hydrotherapy represents the hygienic treatment of cleansing the colon, aiming to restore the correct function of the colon and to improve digestion and gastrointestinal symptoms. The treatment is performed gently infusing filtered warm water into your colon. During the session, the water passes into and out the large intestine, while the nurse will provide a light abdominal massage.

CRYOTHERAPY

€ 150 - 10 MIN

A controlled cold exposure, from shoulders to toe, inside a cryochamber. To mitigate pain and improve circulation, strengthen blood vessels, reduce recovery time after illness or surgery, release endorphines and oxygenates cells, remove stress, improve the quality of the skin, eliminate toxins and burn calories.

DYNOSTICS

€ 200 - 30 min

Dynostics is a smart system for the analysis of your performance and metabolism and determines your current fitness levels in a just few minutes, based on respiratory gases. The metabolism analysis determines the personal basal metabolic rate, which determines the exact calorie consumption per day, as well as the proportion of carbohydrates, fat and protein.

ACUPUNCTURE

€ 500 - 50 MIN

An alternative medicine, which makes use of the insertion of needles in specific points of the human body, in order to help the health and well-being of the individual. According to traditional Chinese medicine, stimulating these points can correct imbalances in the flow of vital energy through channels known as "meridians".

MEDICAL SERVICES

NIRAXX BANDS

€ 420 consultation included

At Palazzo Fiuggi, our guests can experience a new category of wearable digital therapeutics for brain health and sleep disorders. Our aim is to help our guests to fall asleep and enjoy a restorative and healthy resting time. Also, the beneficial effects will help to relieve stress, insomnia and migraine.

SPIROMETRY

€ 130 - 15 MIN

A test to diagnose and monitor different lung conditions (such as asthma, chronic obstructive pulmonary disease, and pulmonary fibrosis) by measuring how much air you can breathe out in one forced breath. The spirometry test is carried out by using a device called “spirometer”, which is a small machine attached by a cable to a mouthpiece.

NILAS BIORESONANCE

€ 100 - 30 MIN

By measuring biorhythms controlled by the autonomous and central nervous system, which are closely linked with the brain, immune, digestive, and endocrine systems. It measures the biological age and a global assessment of an individual's overall health status.

INTRA-ARTICULAR INJECTION OF CORTICOSTEROIDS

€ 600 - 30 MIN

Intra-articular corticosteroid injections are often used for short-term pain relief in people with knee osteoarthritis. The pain relief from a steroid injection works by reducing inflammation within the arthritic knee, improving both pain and function.

INTRA-ARTICULAR INJECTION OF HYALURONIC ACID

€ 800 - 30 MIN

Intra-articular injection of hyaluronic acid can be used for the treatment of arthropathy of the knee when mild-to-moderate degenerative changes can be visualized on plain radiographs. The use of hyaluronic acid leads to a reduction of pain and improvement of functional mobility. The benefits for quality-of-life scores, generally within 1 week and can last between 3-12 months.

MEDICAL SERVICES

BOL D'AIR JACQUIER

€240 - 4 sessions

1° session 1 MIN

2° session 2 MIN

3° session 3 MIN

4° session 4 MIN

Bol d'Air Jacquier is a unique treatment designed to boost cellular oxygenation naturally, without the risk of creating free radicals. The use of maritime pine (*Pinus Pinaster*) essential oils, rich in terpenes, allows for greater oxygen binding to red blood cells, promoting better utilization to support mitochondrial function, energy recovery, concentration, and vitality. The experience is extremely pleasant, relaxing, and ideal for those who want to reduce stress, fatigue, and premature aging. For optimal results, daily use is recommended.

OZONETHERAPY

€ 350 - 30 MIN

Combining ozone and oxygen produces a series of benefits that can counteract a wide range of disease (disc herniation, acne, phlebitis, fibromyalgia, infections, hemorroids, osteoarthritis, cellulitis, ulcers, burns, and osteoporosis). This treatment allows, thanks to the properties of ozone in association with those of oxygen, to significantly improve the defence systems of the body against the action of free radicals.

RECTAL OZONETHERAPY

€ 480 - 4 sessions of 15 minutes each

Rectal ozone therapy is a non-invasive and painless technique in which medical ozone is insufflated into the rectum, allowing its absorption through the intestinal mucosa. It enhances cellular oxygenation, reduces oxidative stress, strengthens the immune system and microcirculation, provides anti-inflammatory and analgesic effects, supports tissue regeneration, improves energy metabolism, and helps rebalance the gut microbiota.

MEDICAL SERVICES

PERSONALIZED INTRAVENOUS INFUSION

€ 220 - 30 MIN

The treatment provides an infusion of various substances (vitamins, aminoacids) assigned to improve skin health, boost immune system and energy. Also to relieve stress, rid the body of toxins and balance hormones. The infusions take place in a medical office with a licensed medical professional observing the infusion.

Available infusion:

- Beauty
- Detox
- Immune
- Energy
- Hair

NAD+ INTRAVENOUS INFUSION

NAD STRONG € 850 - 45 MIN

NAD MEDIUM and SOFT €700 - 45 MIN

TREATMENT MAY ONLY BE PROVIDED AFTER MEDICAL CONSULTATION.

NAD+ is a naturally occurring molecule found in all the cells of the body, essential for energy production and proper cellular function. Its levels decrease with age, stress, lack of sleep, and unhealthy lifestyles. NAD+ supports anti-aging processes, improves cognitive function and physical performance, helps manage stress, and contributes to increased energy levels, counteracting chronic fatigue. There are three types:

- Strong
- Medium
- Soft

MEDICAL SERVICES

NATUROPATHIC CONSULTATION

€ 220 - 30 MIN

Naturopathy has an holistic approach to the person and aims to achieve and maintain a state of psychophysical wellness and physical well-being for an overall improvement in quality of life. Utilising exclusive natural remedies, such as phytotherapy, aromatherapy, floritherapy, relaxation and breathing exercises.

IMEDOS - RETINAL SCAN

€ 250 - 30 MIN

Based on the method of static or dynamic vessel analysis, Imedos technology offers a unique and non-invasive (optical) approach to the microcirculation of patients. Thanks to this outstanding technology, changes in the retinal vessels, their function and regulation can be made visible.

DEXA (LUMBAR SPINE AND HIP)/DEXA - WHOLE BODY SCAN

€ 300/400 - 30 MIN

DEXA (Dual-energy x-ray absorptiometry) is a fast and painless procedure to assess bone density using low-dose X-rays. It measures the mineral content of the bones. Also it is a method that allows us to measure the percentage and weight of both adipose tissue, the so-called “fat mass” and the “lean mass”.

HOLTER ECG MONITORING

€ 250 - 24/48 H

A device that records an individual's heartbeat, while performing daily activities. Sometimes an ECG doesn't detect any changes in heart rhythm. It is kept on site from 24 to 48 hours depending on conditions or heart symptoms. It is required to take note of all activities performed while wearing the monitor and is particularly important to record in the diary, symptoms of palpitations, heartbeats, shortness of breath, chest pain or dizziness.

HOLTER BLOOD PRESSURE MONITORING

€ 280 - 24 H

The holter is a device that records an individual's blood pressure for 24 hours. A small digital blood pressure monitor is attached to a belt around the waist and connected to a cuff around the upper arm. It is small enough not to affect normal daily life and one can even sleep with it on. The resulting data enables the doctor to obtain a more accurate picture of blood pressure in the daytime and night time, in order to better understand how blood pressure changes throughout the day.

THERAPEUTIC TREATMENTS

OSTEOPATHY

€ 260 - 50 MIN

Osteopathic is a non-invasive manual therapy that aims to improve health across all body systems, manipulating and strengthening the skeletal muscle framework. This treatment aims to improve the nervous, circulatory and lymphatic systems focusing on the health of the whole body, not just the injured or affected part, increasing endorphines. Also used to reduce anxiety, tension, depression and pain.

PHYSIOTHERAPY

€ 220 - 60 MIN

Health care professional treatment that consists of a combination of manual therapy, exercise and education for muscle-skeletal, neurological and visceral disorders.



PALAZZO FIUGGI

WELLNESS MEDICAL SPA

AESTHETIC MEDICINE TREATMENTS MENU

Where
SCIENCE
meet **NATURAL**
beauty





OUR PHILOSOPHY

Defining beauty in all its infinite facets is almost impossible, but one fact is absolutely irrefutable: beauty generates pleasure both in those who possess it and in those who observe it.

Aesthetic Medicine aims to improve people's quality of life and enhance their beauty.

The aesthetic ideal is the result of socio-cultural constructs, as it is shaped and influenced by the society and culture of the time and, as such, is subject to change according to evolving fashions, customs, and traditions.

Our medical team is composed of highly qualified professionals with many years of experience in aesthetic medicine and plastic surgery. We use techniques and treatments to maintain, restore, improve, and promote health, aesthetics, beauty, and well-being. Unlike plastic surgery, our aesthetic medicine relies on non-invasive or minimally invasive methods.

We consider annual training essential to keep up-to-date with the most in-demand techniques.

Our procedures are brief, and treatments are quickly performed over just a few sessions.

Recovery is short and fast: since these are non-invasive treatments, our customers are able to lead a normal life after the aesthetic session.

Choose your path of beauty inside Palazzo Fiuggi.



MORE THAN JUST A TREATMENT

MAXIMUM OFFER

Regenerative and corrective aesthetic treatments to meet every beauty need.

PRIVACY AND CONFIDENTIALITY

Palazzo Fiuggi offers an environment of discretion and comfort to ensure maximum privacy during and after the treatments.

LATEST GENERATION TECHNOLOGIES

Use of the latest and advanced technologies for safe and effective results.

SPECIALIZED MEDICAL STAFF

A team of expert and qualified doctors dedicated to the well-being and beauty of our clients.

TREATMENT LIST



AESTHETIC MEDICINE VISIT

€ 300 - 30 MIN

The first aesthetic medicine visit is an initial meeting between the Client and the Aesthetic Doctor. During this visit, the doctor carefully examines the patient, listens to their needs and wishes, and discusses the available treatment options. It is a crucial moment to establish a personalized treatment plan that considers the unique characteristics of the patient.

Phases of the visit: **Skin Health Assessment:** Examination of the Client's skin to identify any issues or conditions that could affect treatments; **Discussion of the Client's expectations:** Understand the Client's aesthetic goals and what he expects from the treatments; **Proposed treatment plan:** Development of a detailed plan that can include various aesthetic treatments to achieve the desired results; **Information on available treatments:** Detailed explanation of the different aesthetic treatments, their benefits, possible side effects, and recovery time.

SKIN ANALYZER

€ 150 - 30 MIN

The Skin Analyzer technology allows you to capture images of the skin with high-definition cameras and analyzes them with specific software, defining the condition and needs of the skin. Based on the result of the analysis, Skin Analyzer supports the Doctor in building highly personalized paths to achieve the beauty and health of the skin.

It is recommended to perform the in-depth skin analysis with Skin Analyzer at least twice a year to always know the state of your skin.

FACE INJECTABLE FILLER

The goal is to prevent and counteract the imperfections of women and men of all ages. Fillers are one of the most requested treatments ever. In fact, a session allows you to quickly and painlessly correct some of the most common imperfections, which tend to be linked to skin aging processes. Our fillers are resorbable products that, after about 6-12 months, are naturally reabsorbed by the body. Dermal fillers for those who want to reduce wrinkles, furrows, and other imperfections without resorting to the intervention of the scalpel. Face contour filler is ideal for those who have lost that typical facial triangularity that characterizes young faces. Eye contour filler for a very delicate area, which is why all the signs of aging or fatigue are much more evident and early in their appearance. Lip filler is the ideal treatment for anyone who wants more voluminous or defined lips.

- **Biorevitalization** - €1.000 - 30 MIN
- **Lip fillers** - €1.000 - 30 MIN
- **Hyaluronic Acid for face (REVOK50)** - €1.000 - 30 MIN
- **Shallow wrinkle fillers** - €1.000 - 30 MIN
- **Deep wrinkle fillers** - €1.000 - 30 MIN
- **Hyaluronidase injection** - €1.000 - 30 MIN



BOTOX

Facial Botox is the ideal treatment to relax the muscles of the forehead, cheeks, and eye contour. It works by smoothing wrinkles: in this way, they are attenuated or eliminated. For the treatment of expression lines, botulinum toxin is injected into the muscles that give rise to wrinkles. In this way, the face can undoubtedly be treated, but also the neck. It is not a painful treatment and is used to temporarily smooth out wrinkles, giving a smoother and more relaxed appearance to the skin.

- **Micro-botulinum - Biobotulinum -**

€ 1.000 - 30 MIN

BOTOX FOR EXCESSIVE SWEATING

Abnormal excess sweating of the limbs, armpits and face, generally not associated with body temperature. Botox blocks the nerve signals that stimulate the sweat glands, significantly reducing sweat production. Botulinum toxin treatment involves a series of small injections administered directly to the area affected by excessive sweating.

- **Armpits** - €2.000 - 30 MIN
- **Face** - €2.000 - 30 MIN
- **Limbs** - €2.000 - 30 MIN

FACE CRYOLIPOLYSIS

Cryolipolysis consists of the localized application of cold to the skin using a cryogenic probe. This cold treatment is effective in reducing fine wrinkles, inflammation, and rosacea. It is used to stimulate microcirculation, tone tissues, reduce swelling or blemishes, and promote skin rejuvenation. This type of treatment uses non-invasive technology and includes a device that cools the skin in a controlled way.

- **Chin** - € 680 - 30MIN



NEEDLE-FREE MESOTHERAPY

Needle-free and painless wireless equipment treatment.

BIOQ10: based on Hyaluronic Acid and Coenzyme Q10. Quickly absorbed, it creates a thin and protective veil on the skin, imperceptible to the touch and highly moisturizing. The active ingredients guarantee a high antioxidant effect and a homogeneous flattening of the rough depression. Coenzyme Q10 also fights skin aging. Hyaluronic Acid contributes to and ensures a plumping effect. Suitable for periocular (eye contour) and perioral wrinkles of the face (lip contour).

BIOELASTIN: Innovative lifting treatment based on the active ingredients of the Mucopolysaccharides of Snail Slime and its active ingredients such as Allantoin, Collagen, and Elastin, counteracts wrinkles and delays the processes of skin aging. The proteins and vitamins contained exert an elasticizing action suitable for treatments on large areas of the face, neck, and décolleté.

- **Periocular wrinkles** - €425 - 30 MIN
- **Perioral wrinkles** - €425 - 30 MIN
- **Forehead wrinkles** - €425 - 30 MIN
- **Neck** - €425 - 30 MIN
- **Décolleté** - €425 - 30 MIN
- **Eye bags** - €425 - 30 MIN
- **Hand rejuvenation** - €425 - 30 MIN
- **PLAI - AGE 4 + BTX Package** - €2.500 - 45 MIN

BIPOLAR RADIOFREQUENCY FACE

Bipolar radiofrequency is a non-invasive technique used to tone the skin of the face and body and to smooth wrinkles around the eyes and mouth. It is an absolutely painless, gentle, and quick treatment, which leaves no marks or redness. Through the release of induced heat (diathermy) inside the collagen, it allows to: prevent the effects of aging and smooth out the first lines of expression, reactivate natural metabolic processes, and give new elasticity and turgor to the skin; restore brightness and turgor to mature skin. Recommended to combine with cryotherapy treatment (thermal shock). It is the anti-aging treatment par excellence.

- **Face** - €340 - 30 MIN
- **Neck** - €510 - 30 MIN
- **Submental area** - €510 - 30 MIN
- **Décolleté** - €510 - 30 MIN



PEELING

Peeling is a dermocosmetic treatment intended for the exfoliation of the skin that is based on the use of chemically active substances such as alpha-hydroxy acids (including glycolic acid), beta-hydroxy acids (e.g. salicylic acid), and retinoic acid derivatives. The ingredients contained in cosmetic peels make it possible to remove the devitalized skin cells that are deposited on the surface, in order to deeply stimulate the mechanisms of renewal of the stratum corneum. Exfoliation with cosmetic peeling therefore restores a smooth, compact, and radiant appearance to the skin. Mature skin can benefit from the action of cosmetic peels to restore radiance and smoothness to the skin, smoothing wrinkles, reducing dark spots, and regenerating collagen. The peeling also promotes the following skin effects: it qualitatively improves elastic fibers, stimulating the epidermis in depth; it exerts an anti-aging action by reducing the visibility of imperfections associated with skin aging, such as small wrinkles, and smoothes the epidermis; it helps to minimize hyperchromia, scarring, and signs of mild acne.

- **Soft peel** - €500 - 45 MIN
- **Bright peel** - €500 - 45 MIN
- **Anti-age peel** - €600 - 45 MIN
- **Anti-age peel (TMC3 + action)** - €800 - 45 MIN

FRACTIONAL RADIOFREQUENCY

Fractional radiofrequency is a non-invasive aesthetic medicine technique for the treatment of skin imperfections such as deep wrinkles, uneven complexion, sagging of the skin, skin irregularities, scars, stretch marks, and post-acne scars. The treatment is minimally invasive. From a head managed by a hi-tech system, very thin conductive needles come out, which penetrate deeply without arousing pain, leaving the surface skin unscathed and releasing energy. The micro-channels formed by the needles and the heat produced by the energy released stimulate the cells of the dermis with the production of new collagen and elastic fibers. All areas of the face can be treated safely.

- **Face** - €800 - 30 MIN
- **Neck** - €800 - 30 MIN
- **Submental area** - €800 - 30 MIN
- **Décolleté** - €800 - 30 MIN
- **Arms** - €1.000 - 45 MIN
- **Abdomen** - €1.000 - 30 MIN
- **Inner thigh** - €1.000 - 30 MIN
- **Knees** - €1.000 - 30 MIN
- **Thigh** - €1.000 - 30 MIN
- **Buttocks** - €1.000 - 45 MIN
- **Culotte de Cheval** - €1.000 - 30 MIN



NO-ABLATIVE SURGERY

STARTING FROM €600 – PLEASE
CONSULT OUR SPECIALIST DOCTOR.

No-Ablative Surgery, minimally invasive surgery, is based on the revolutionary principle of sublimation of tissue layers through the fourth state of matter (voltanic plasma). Through this process, it is possible to carry out decisive interventions on aesthetic and epidermal problems without the use of a scalpel. How the treatment takes place: The principle exploited is the ionization of the gases contained in the air to obtain a small electric arc, a tiny lightning bolt with which the dermal and epidermal areas affected by aesthetic problems are treated. Recovery times are extremely short compared to surgery. Treatment is almost painless after application of a local anesthetic.

- **Non-ablative blepharoplasty**
- **Perilabial wrinkles**
- **Skin spots on the hands and face**
- **Active acne**
- **Post-acne scars**
- **Hypertrophic scars**
- **Xanthelasma**
- **Seborrheic keratoses**
- **Pendulous fibroids**
- **Ruby angiomas**
- **Capillaries and telangiectasias**
- **Fibroma**
- **Nevi**

MS-SCULPT

MS-Sculpt is the innovative technology designed for deep muscle toning and the reduction of localized adiposity. This revolutionary technology uses high-intensity focused electromagnetic energy to stimulate induced muscle contractions, through which muscles are stimulated and strengthened. The treatment allows you to perform highly customizable Total Body treatments and to achieve important levels of effectiveness: 20,000 muscle contractions, crunches or squats in just 30 minutes; 100% supra-maximal muscle contractions (other exercises only reach 20-30%); increased muscle mass; increased muscle tone; localized fat reduction.

- **Buttocks** - €650 - 45 MIN
- **Abdomen** - €650 - 30 MIN
- **Thigh Outside** - €650 - 30 MIN
- **Thigh Inside** - €650 - 30 MIN
- **Under Arms** (Triceps & Biceps) - €850 - 45 MIN
- **Calves** - €650 - 30 MIN



me group

MS-Sculpt

BODY CRYOLIPOLYSIS

Cryolipolysis is the non-surgical alternative to liposuction, non-invasive and risk-free. It eliminates localized fat through the use of cold: in short, the fat cells affected by the cold collapse, die, and then shrink. This mix of temperatures stimulates the body to react quickly, with both aesthetic and therapeutic benefits. The combination of thermotherapy and cryolipolysis in a single treatment allows you to work deeply on the tissues, stimulating blood circulation, accelerating metabolism, and promoting cell regeneration. Cryolipolysis is particularly suitable for localized adiposity on the abdomen, hips, buttocks, arms, inner and outer thighs and knees. The treatment is not painful and allows you to resume daily activities immediately.

- **1 Zone Body** - € 710 - 45 MIN
- **2 Zone Body** - € 1.200 - 60 MIN

MONOPOLAR RADIO FREQUENCY

Body radiofrequency is an extremely popular treatment for tissue toning and body contouring. Although non-invasive, it delivers visible results from the very first sessions by reshaping the silhouette and counteracting typical skin laxity imperfections. Through the emission of electromagnetic waves that penetrate the tissues, radiofrequency generates deep endogenous heat, essential for the treatment as it stimulates self-regenerative skin and body processes responsible for aesthetic improvements. These benefits include improved subcutaneous microcirculation and oxygenation, which also enhance lymphatic drainage and reduce water retention imperfections such as orange peel skin. It stimulates fibroblast activity, the cells that produce collagen, elastin, and hyaluronic acid, essential for skin health and appearance. Additionally, radiofrequency promotes collagen fiber denaturation, causing immediate skin tightening, and stimulates lipolysis, the metabolic process that breaks down fats.

- **Arms** - €510 - 45 MIN
- **Abdomen** - €510 - 30 MIN
- **Inner thigh** - €510 - 45 MIN
- **Knees** - €510- 30 MIN
- **Thigh** - €510 - 45 MIN
- **Buttocks** - €510 - 45 MIN
- **Culotte de Cheval** - €510 - 30 MIN



CARBOXY-THERAPY

Carboxy-therapy is a treatment widely used in aesthetic medicine. Carbon dioxide injected under the skin, in fact, allows for benefits in all cases of disorders that depend on alterations in microcirculation. The treatment consists of administering carbon dioxide in a gaseous state under the skin, using a special needle. Through this procedure, also called insufflation, blood flow to the affected area is increased and, consequently, tissue oxygenation is improved, causing a series of clearly visible cascading benefits. Carboxy-therapy is used to treat imperfections such as:

- **Thigh cellulite** - €800 - 30 MIN
- **Buttock cellulite** - €400 - 30 MIN
- **Abdominal fat** - €400 - 30 MIN
- **Arm fat** - €400 - 30 MIN
- **Capillary prevention** - €400 - 30 MIN
- **Vascular ulcers** - €400 - 30 MIN
- **Skin rejuvenation** - €400 - 30 MIN
- **Stretch marks** - €800 - 30 MIN

DIODE LASER 808

The 808nm Diode Laser is a modern instrument that allows permanent hair removal through a laser beam. No more hassles and annoying periodic recurrences at your trusted beautician. With the razor and depilatory cream, hair is removed only on the epidermis surface and regrows after a few hours, while tear-off waxing goes a little deeper: in both cases, the hair bulb is not eliminated and remains active. The 808 diode laser is an almost painless treatment with surprising results from the first sessions. The 808 nm diode laser generates a beam with a specific wavelength (808 nm) that crosses the skin and is absorbed by the pigments of the hairs inside the hair bulb. This causes a temperature increase and the definitive destruction of the cells that germinate the bulb.

808nm DIODE LASER HAIR REMOVAL - face

- **Eyebrows** - €200 - 15 MIN
- **Upper lip** - €200 - 15 MIN
- **Space between eyebrows** - €200 - 15 MIN
- **Full face** - €400 - 15 MIN
- **Face and neck** - €600 - 15 MIN
- **Cheeks** - €500 - 15 MIN

808nm DIODE LASER HAIR REMOVAL - Body

- **1 Zone Body** - €400 - 30 MIN
- **2 Zone Body** - €700 - 30 MIN
- **Total Body** - €2.200 - 40 MIN
- **Total Body + Face** - €2.500 - 60 MIN

Intensive ANTIAGING Packages





ANTIAGING HUMAN 1

Minimum stay of two nights

Skin Analysis	1
Aesthetic Medicine visit	1
Face cryolipolysis	1
Radiofrequency cheekbones – neck – décolleté	1
Needle-free mesotherapy - eye contour area	1
Intravenous Infusion - Beauty	1

PRICE: € 1.500

ANTIAGING HUMAN 1 PLUS

In addition to the Antiaging Human 1 package

Face filler	1
Botox - forehead	1

PRICE: € 2.900

ANTIAGING HUMAN 3

Minimum stay of five nights

Skin Analysis	1
Aesthetic Medicine visit	1
Face cryolipolysis	2
Radiofrequency cheekbones – neck – décolleté	2
Needle-free mesotherapy - eye contour area - lips	1
Intravenous Infusion - Beauty	1

PRICE: € 2.100

ANTIAGING HUMAN 3 PLUS

In addition to the Antiaging Human 3 package

Face filler	1
Botox - forehead	1

PRICE: € 3.700





ANTIAGING HUMAN 7

Minimum stay of nine nights

Skin Analysis	1
Aesthetic Medicine visit	1
Face cryolipolysis	4
Radiofrequency cheekbones – neck – décolleté	4
Needle-free mesotherapy - eye contour area - lips	4
Intravenous Infusion - Beauty	3

PRICE: € 4.000

ANTIAGING HUMAN 7 PLUS

In addition to the Antiaging Human 7 package

Face filler	2
Botox - forehead	1

PRICE: € 6.100

ANTIAGING HUMAN 10

Minimum stay of twelve nights

Skin Analysis	1
Aesthetic Medicine visit	1
Face cryolipolysis	6
Radiofrequency cheekbones – neck – décolleté	6
Needle-free mesotherapy - eye contour area - lips	4
Intravenous Infusion - Beauty	4

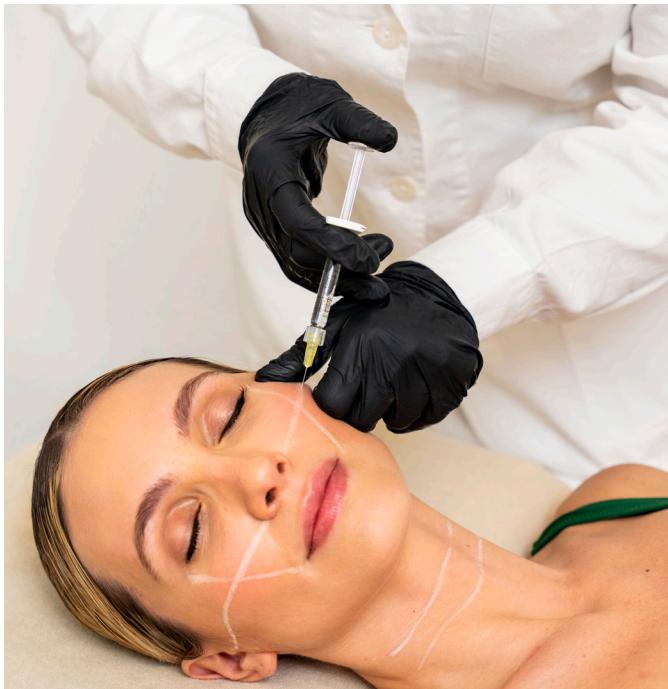
PRICE: € 5.000

ANTIAGING HUMAN 10 PLUS

In addition to the Antiaging Human 10 package

Face filler	2
Botox - forehead	1

PRICE: € 7.100



Fast SLIMMING Packages





SLIMMING HUMAN 3

Minimum stay of five nights

Aesthetic Medicine visit	1
Cryolipolysis – Treatment for Excess Fat	2
Radiofrequency - Body Firming	2
MS Sculpt	2
Intravenous Infusion - Sport	2

PRICE: € 3.000

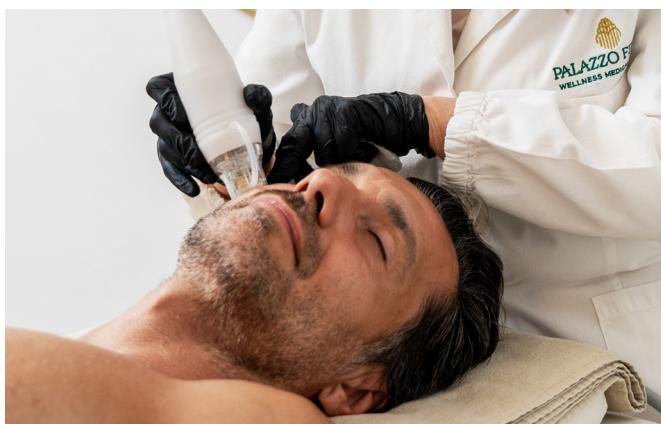


SLIMMING HUMAN 7

Minimum stay of nine nights

Aesthetic Medicine visit	1
Cryolipolysis – Treatment for Excess Fat	3
Radiofrequency - Body Firming	3
MS Sculpt	3
Intravenous Infusion - Sport	3

PRICE: € 4.500

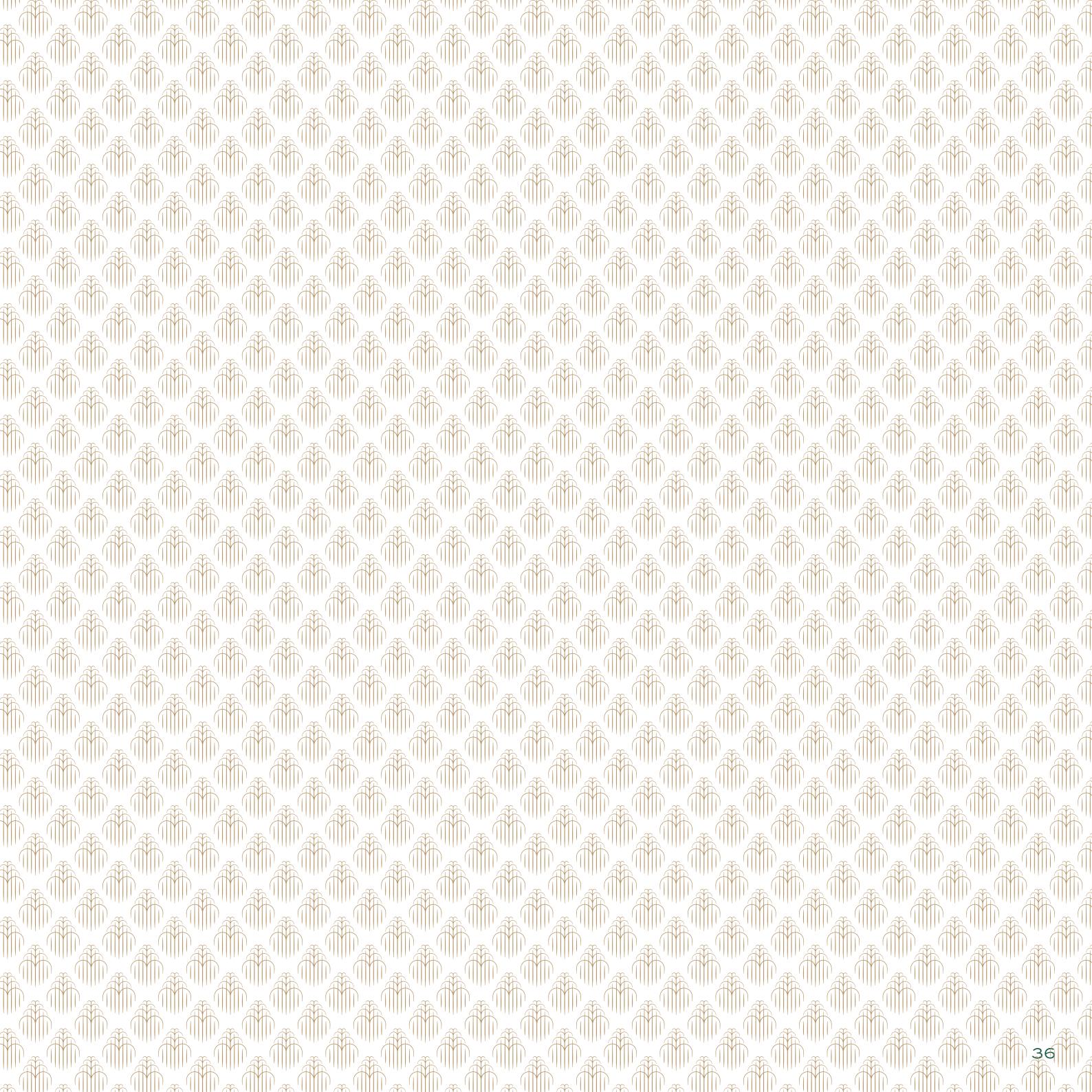


SLIMMING HUMAN 10

Minimum stay of twelve nights

Aesthetic Medicine visit	1
Cryolipolysis – Treatment for Excess Fat	4
Radiofrequency - Body Firming	4
MS Sculpt	4
Intravenous Infusion - Sport	4

PRICE: € 6.000





PALAZZO FIUGGI

WELLNESS MEDICAL SPA

VIA DEI VILLINI, 34,

03014 FIUGGI FR, ITALY

+3907757661 - BOOKING@PALAZZOFIUGGI.COM



PALAZZO FIUGGI
ETIQUETTE

PALAZZO FIUGGI ETIQUETTE

OPENING TIMES

Monday to Sunday 07.00 a.m. – 20.00 p.m.

SPA TREATMENT TIMES

Monday to Sunday 09.00 a.m. – 18.00 p.m.

SCHEDULING AN APPOINTMENT

To schedule an appointment please contact our spa reception team who will be happy to guide you to the appropriate treatment. To ensure your preferred time and service is available we recommend to book in advance.

ARRIVAL TIME

Please allow sufficient time before your treatment. Be advised that late arrivals can result in a reduction of treatment time. We advise arriving at the spa in your robe and footwear provided in your room. The spa will provide towels for the pool and an extra robe, if needed during your spa treatments.

CANCELLATION POLICY

A 100% charge will be incurred for any medical service and spa treatment not cancelled at least 24 hours prior to your scheduled time. Late arrival will shorten your treatment time.

SPA FACILITIES AND ACCESS

The following spa facilities are available:

- The heart of the spa lives at the impressive Spa Reception (-1) where you will find the thalasso, magnesium and cold plunge pool, spa changing rooms with lockers and relaxation areas, indoor /outdoor panoramic pool;
- The Roman Therme offers : Separate male and female sauna and steam rooms, each are equipped with emotional showers and lockers. Further offerings include a kneipp pool, Far Infared sauna and outdoor semi-olympic pool.

In order to use the facilities please arrive in your swimsuit.

MOVEMENT LAB

A state-of-the-art MovementLab equipped with Technogym cardio vascular and strength machines, Reaxing functional training stations, Pilates, Icaros Virtual Reality, as well as a free weights area. Personal trainers are on hand to help you prepare for sporting events, specific goals or assistance with the creation of a life-changing fitness routine. The movement lab is available to all hotel guests.

PALAZZO FIUGGI ETIQUETTE

YOGA STUDIO

A bright, spacious, quiet and relaxing yoga sala for all group movement classes as well as private 1 to 1 sessions. Please arrive 5 minutes before the scheduled class.

CHILDREN'S POLICY

We are delighted to offer treatments for children. Under 16 years old however must be accompanied by an adult for the duration of the treatment. Please contact our reservations team for details on treatments available for our young guests. Access to the rest of the spa, including the changing facilities, spa and heat experiences and MovementLab are restricted to over 16's.

ENVIRONMENT

Our spa environment is one of relaxation and tranquillity. Please respect all spa guests' right to privacy, serenity and peace. In light of this, the spa is a mobile phone, camera and smoke free zone. Please ensure mobile phones are on silent during your visit to the spa.

HEALTH CONDITIONS

Kindly advise us of any health conditions, allergies or injuries which could affect your choice of treatment when making your spa reservation.

GIFT VOUCHERS

An ideal gift for someone special. Please contact our reservations team for details.

HOMECARE

To continue your spa experience at home, products used in our treatments are available at spa reception.

VALUABLES

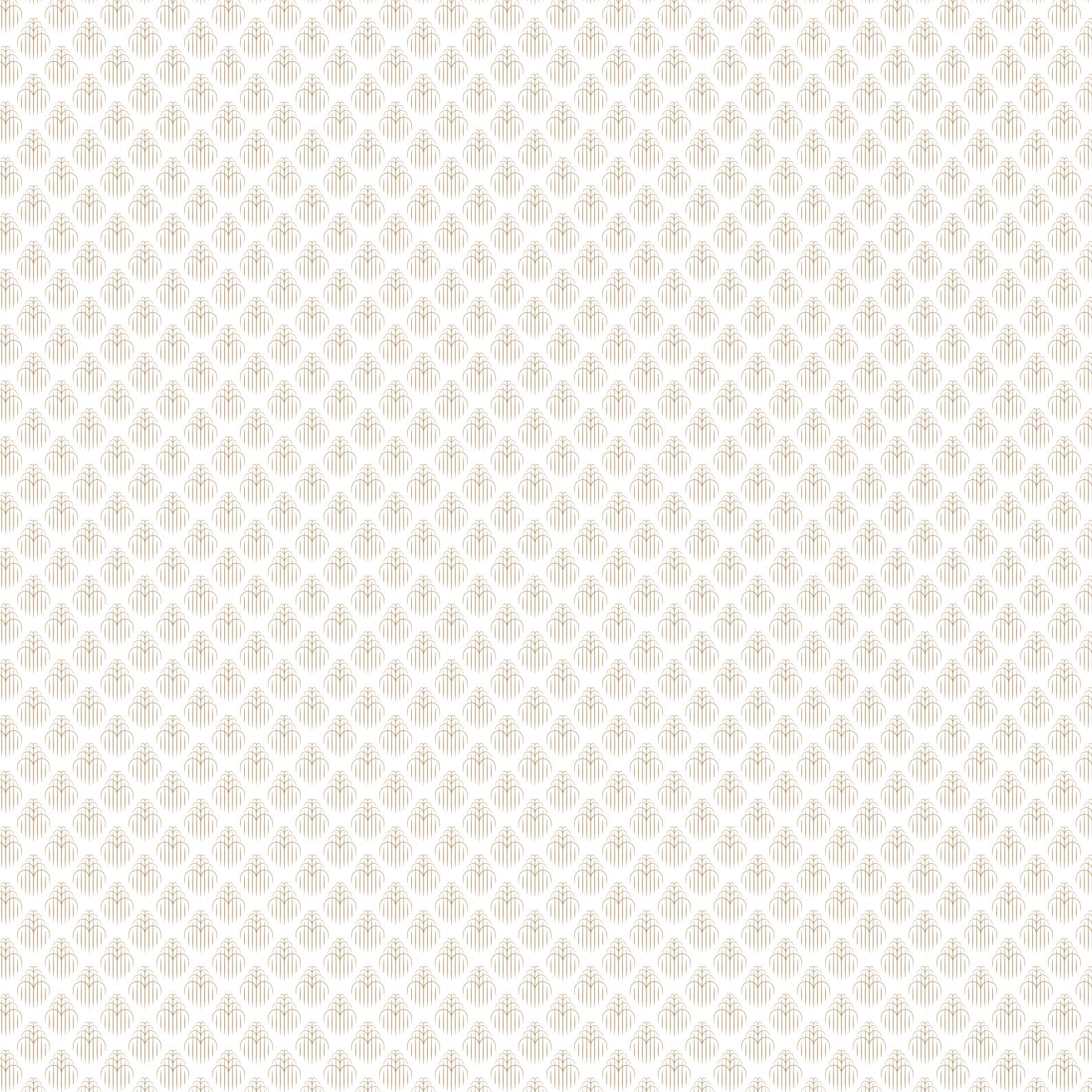
Palazzo Fuiggi accepts no responsibility for loss of valuables and jewellery at any time within the spa premises. We recommend all valuables to be left in your safety deposit box located in your room.

LOST PROPERTY

All lost property found on the premises should be handed in at main reception. Items will be stored for four months.

PRICES

All prices are quoted in Euro and are subject to change at any time. Gratuities are not included and are welcomed at your discretion.





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UPDATE 06.10.25