

WELLNESS MEDICAL SPA

AESTHETIC MEDICINE TREATMENTS MENU

Where SCIENCE meet NATURAL beauty





OUR PHILOSOPHY

Defining beauty in all its infinite facets is almost impossible, but one fact is absolutely irrefutable: beauty generates pleasure both in those who possess it and in those who observe it. Aesthetic Medicine aims to improve people's quality of life and enhance their beauty.

The aesthetic ideal is the result of socio-cultural constructs, as it is shaped and influenced by the society and culture of the time and, as such, is subject to change according to evolving fashions, customs, and traditions.

Our medical team is composed of highly qualified professionals with many years of experience in aesthetic medicine and plastic surgery. We use techniques and treatments to maintain, restore, improve, and promote health, aesthetics, beauty, and well-being. Unlike plastic surgery, our aesthetic medicine relies on non-invasive or minimally invasive methods.

We consider annual training essential to keep up-to-date with the most in-demand techniques. Our procedures are brief, and treatments are quickly performed over just a few sessions.

Recovery is short and fast: since these are non-invasive treatments, our customers are able to lead a normal life after the aesthetic session.

Choose your path of beauty inside Palazzo Fiuggi.



MORE THAN JUST A TREATMENT

MAXIMUM OFFER

Regenerative and corrective aesthetic treatments to meet every beauty need.

PRIVACY AND CONFIDENTIALITY

Palazzo Fiuggi offers an environment of discretion and comfort to ensure maximum privacy during and after the treatments.

LATEST GENERATION TECHNOLOGIES

Use of the latest and advanced technologies for safe and effective results.

SPECIALIZED MEDICAL STAFF

A team of expert and qualified doctors dedicated to the wellbeing and beauty of our clients.

TREATMENT

LIST

AESTHETIC MEDICINE VISIT

€ 300 - 30 MIN

The first aesthetic medicine visit is an initial meeting between the Client and the Aesthetic Doctor. During this visit, the doctor carefully examines the patient, listens to their needs and wishes, and discusses the available treatment options. It is a crucial moment to establish a personalized treatment plan that considers the unique characteristics of the patient. Phases of the visit: Skin Health Assessment: Examination of the Client's skin to identify any issues or conditions that could affect treatments; **Discussion** of the Client's expectations: Understand the Client's aesthetic goals and what he expects from the treatments; Proposed treatment plan: Development of a detailed plan that can include various aesthetic treatments to achieve the desired results: Information on available treatments: Detailed explanation of the different aesthetic treatments, their benefits, possible side effects, and recovery time.

SKIN ANALYZER

€ 150 - 30 MIN

The Skin Analyzer technology allows you to capture images of the skin with high-definition cameras and analyzes them with specific software, defining the condition and needs of the skin. Based on the result of the analysis, Skin Analyzer supports the Doctor in building highly personalized paths to achieve the beauty and health of the skin. It is recommended to perform the in-depth skin analysis with Skin Analyzer at least twice a year to always know the state of your skin.

FACE INJECTABLE FILLER

The goal is to prevent and counteract the imperfections of women and men of all ages. Fillers are one of the most requested treatments ever. In fact, a session allows you to quickly and painlessly correct some of the most common imperfections, which tend to be linked to skin aging processes. Our fillers are resorbable products that, after about 6-12 months, are naturally reabsorbed by the body. Dermal fillers for those who want to reduce wrinkles, furrows, and other imperfections without resorting to the intervention of the scalpel. Face contour filler is ideal for those who have lost that typical facial triangularity that characterizes young faces. Eye contour filler for a very delicate area, which is why all the signs of aging or fatigue are much more evident and early in their appearance. Lip filler is the ideal treatment for anyone who wants more voluminous or defined lips.

- Biorevitalization €1.000 30 MIN
- Lip fillers €1.000 30 MIN
- Hyaluronic Acid for face
 - (REVOK50) €1.000 30 MIN
- Shallow wrinkle fillers €1.000 30 MIN
- Deep wrinkle fillers €1.000 30 MIN
- Hyaluronidase injection €1.000 30 MIN



ΒΟΤΟΧ

Facial Botox is the ideal treatment to relax the muscles of the forehead, cheeks, and eye contour. It works by smoothing wrinkles: in this way, they are attenuated or eliminated. For the treatment of expression lines, botulinum toxin is injected into the muscles that give rise to wrinkles. In this way, the face can undoubtedly be treated, but also the neck. It is not a painful treatment and is used to temporarily smooth out wrinkles, giving a smoother and more relaxed appearance to the skin.

Micro-botulinum - Biobotulinum -

€ 1.000 - 30 MIN

BOTOX FOR EXCESSIVE SWEATING

Abnormal excess sweating of the limbs, armpits and face, generally not associated with body temperature. Botox blocks the nerve signals that stimulate the sweat glands, significantly reducing sweat production. Botulinum toxin treatment involves a series of small injections administered directly to the area affected by excessive sweating.

- Armpits €2.000 30 MIN
- Face €2.000 30 MIN
- Limbs €2.000 30 MIN

FACE CRYOTHERAPY

Cryotherapy consists of the localized application of cold to the skin using a cryogenic probe. This cold treatment is effective in reducing fine wrinkles, inflammation, and rosacea. It is used to stimulate microcirculation, tone tissues, reduce swelling or blemishes, and promote skin rejuvenation. This type of treatment uses non-invasive technology and includes a device that cools the skin in a controlled way.

• Chin - € 680 - 30MIN



NEEDLE-FREE MESOTHERAPY

Needle-free and painless wireless equipment treatment.

BIOQ10: based on Hyaluronic Acid and Coenzyme Q10. Quickly absorbed, it creates a thin and protective veil on the skin, imperceptible to the touch and highly moisturizing. The active ingredients guarantee a high antioxidant effect and a homogeneous flattening of the rough depression. Coenzyme Q10 also fights skin aging. Hyaluronic Acid contributes to and ensures a plumping effect. Suitable for periocular (eye contour) and perioral wrinkles of the face (lip contour).

BIOELASTIN: Innovative lifting treatment based on the active ingredients of the Mucopolysaccharides of Snail Slime and its active ingredients such as Allantoin, Collagen, and Elastin, counteracts wrinkles and delays the processes of skin aging. The proteins and vitamins contained exert an elasticizing action suitable for treatments on large areas of the face, neck, and décolleté.

- Periocular wrinkles €425 30 MIN
- Perioral wrinkles €425 30 MIN
- Forehead wrinkles €425 30 MIN
- Neck €425 30 MIN
- Décolleté €425 30 MIN
- Eye bags €425 30 MIN
- Hand rejuvenation €425 30 MIN
- PLAI AGE 4 + BTX Package €2.500 45 MIN

BIPOLAR RADIOFREQUENCY FACE

Bipolar radiofrequency is a non-invasive technique used to tone the skin of the face and body and to smooth wrinkles around the eyes and mouth. It is an absolutely painless, gentle, and quick treatment, which leaves no marks or redness. Through the release of induced heat (diathermy) inside the collagen, it allows to: prevent the effects of aging and smooth out the first lines of expression, reactivate natural metabolic processes, and give new elasticity and turgor to the skin; restore brightness and turgor to mature skin. Recommended to combine with cryotherapy treatment (thermal shock). It is the anti-aging treatment par excellence.

- Face €340 30 MIN
- Neck €510 30 MIN
- Submental area €510 30 MIN
- **Décolleté** €510 30 MIN



PEELING

Peeling is a dermocosmetic treatment intended for the exfoliation of the skin that is based on the use of chemically active substances such as alpha-hydroxy acids (including glycolic acid), beta-hydroxy acids (e.g. salicylic acid), and retinoic acid derivatives. The ingredients contained in cosmetic peels make it possible to remove the devitalized skin cells that are deposited on the surface, in order to deeply stimulate the mechanisms of renewal of the stratum corneum. Exfoliation with cosmetic peeling therefore restores a smooth, compact, and radiant appearance to the skin. Mature skin can benefit from the action of cosmetic peels to restore radiance and smoothness to the skin, smoothing wrinkles, reducing dark spots, and regenerating collagen. The peeling also promotes the following skin effects: it qualitatively improves elastic fibers, stimulating the epidermis in depth; it exerts an anti-aging action by reducing the visibility of imperfections associated with skin aging, such as small wrinkles, and smoothes the epidermis; it helps to minimize hyperchromia, scarring, and signs of mild acne.

- Soft peel €500 45 MIN
- Bright peel €500 45 MIN
- Anti-age peel €600 45 MIN
- Anti-age peel (TMC3 + action) €800 45 MIN

FRACTIONAL RADIOFREQUENCY

Fractional radiofrequency is a non-invasive aesthetic medicine technique for the treatment of skin imperfections such as deep wrinkles, uneven complexion, sagging of the skin, skin irregularities, scars, stretch marks, and post-acne scars. The treatment is minimally invasive. From a head managed by a hitech system, very thin conductive needles come out, which penetrate deeply without arousing pain, leaving the surface skin unscathed and releasing energy. The micro-channels formed by the needles and the heat produced by the energy released stimulate the cells of the dermis with the production of new collagen and elastic fibers. All areas of the face can be treated safely.

- **Face** €800 30 MIN
- Neck €800 30 MIN
- Submental area €800 30 MIN
- **Décolleté** €800 30 MIN
- **Arms** €1.000 45 MIN
- **Abdomen** €1.000 30 MIN
- Inner thigh €1.000 30 MIN
- Knees €1.000 30 MIN
- Thigh €1.000 30 MIN
- Buttocks €1.000 45 MIN
- Culotte de Cheval €1.000 30 MIN



NO-ABLATIVE SURGERY

STARTING FROM €600 - PLEASE CONSULT OUR SPECIALIST DOCTOR.

No-Ablative Surgery, minimally invasive surgery, is based on the revolutionary principle of sublimation of tissue layers through the fourth state of matter (voltaic plasma). Through this process, it is possible to carry out decisive interventions on aesthetic and epidermal problems without the use of a scalpel. How the treatment takes place: The principle exploited is the ionization of the gases contained in the air to obtain a small electric arc, a tiny lightning bolt with which the dermal and epidermal areas affected by aesthetic problems are treated. Recovery times are extremely short compared to surgery. Treatment is almost painless after application of a local anesthetic.

- Non-ablative blepharoplasty
- Perilabial wrinkles
- Skin spots on the hands and face
- Active acne
- Post-acne scars
- Hypertrophic scars
- Xanthelasma
- Seborrheic keratoses
- Pendulous fibroids
- Ruby angiomas
- Capillaries and telangiectasias
- Fibroma
- Nevi

MS-SCULPT

MS-Sculpt is the innovative technology designed for deep muscle toning and the reduction of localized adiposity. This revolutionary technology uses high-intensity focused electromagnetic energy to stimulate induced muscle contractions, through which muscles are stimulated and strengthened. The treatment allows you to perform highly customizable Total Body treatments and to achieve important levels of effectiveness: 20,000 muscle contractions, crunches or squats in just 30 minutes; 100% supra-maximal muscle contractions (other exercises only reach 20-30%); increased muscle mass; increased muscle tone; localized fat reduction.

- **Buttocks** €650 45 MIN
- Abdomen €650 30 MIN
- **Thigh Outside** €650 30 MIN
- Thigh Inside €650 30 MIN
- Under Arms (Triceps & Biceps) €850 45 MIN
- Calves €650 30 MIN



BODY CRYOTHERAPY

Cryotherapy is the non-surgical alternative to liposuction, non-invasive and risk-free. It eliminates localized fat through the use of cold: in short, the fat cells affected by the cold collapse, die, and then shrink. This mix of temperatures stimulates the body to react quickly, with both aesthetic and therapeutic benefits. The combination of thermotherapy and cryotherapy in a single treatment allows you to work deeply on the tissues, stimulating blood circulation, accelerating metabolism, and promoting cell regeneration.

Cryolipolysis is particularly suitable for localized adiposity on the abdomen, hips, buttocks, arms, inner and outer thighs and knees. The treatment is not painful and allows you to resume daily activities immediately.

- 1 Zone Body € 710 45 MIN
- 2 Zone Body € 1.200 60 MIN

MONOPOLAR RADIO FREQUENCY

Body radiofrequency is an extremely popular treatment for tissue toning and body contouring. Although non-invasive, it delivers visible results from the very first sessions by reshaping the silhouette and counteracting typical skin laxity imperfections. Through the emission of electromagnetic waves that penetrate the tissues, radiofrequency generates deep endogenous heat, essential for the treatment as it stimulates self-regenerative skin and body processes responsible for aesthetic improvements. These benefits include improved subcutaneous microcirculation and oxygenation, which also enhance lymphatic drainage and reduce water retention imperfections such as orange peel skin. It stimulates fibroblast activity, the cells that produce collagen, elastin, and hyaluronic acid, essential for skin health and appearance. Additionally, radiofrequency promotes collagen fiber denaturation, causing immediate skin tightening, and stimulates lipolysis, the metabolic process that breaks down fats.

- **Arms** €510 45 MIN
- Abdomen €510 30 MIN
- Inner thigh €510 45 MIN
- Knees €510- 30 MIN
- Thigh €510 45 MIN
- Buttocks €510 45 MIN
- Culotte de Cheval €510 30 MIN



CARBOXY-THERAPY

Carboxy-therapy is a treatment widely used in aesthetic medicine. Carbon dioxide injected under the skin, in fact, allows for benefits in all cases of disorders that depend on alterations in microcirculation. The treatment consists of administering carbon dioxide in a gaseous state under the skin, using a special needle. Through this procedure, also called insufflation, blood flow to the affected area is increased and, consequently, tissue oxygenation is improved, causing a series of clearly visible cascading benefits. Carboxy-therapy is used to treat imperfections such as:

- Thigh cellulite €800 30 MIN
- Buttock cellulite €400 30 MIN
- Abdominal fat €400 30 MIN
- Arm fat €400 30 MIN
- Capillary prevention €400 30 MIN
- Vascular ulcers €400 30 MIN
- Skin rejuvenation -€400 30 MIN
- Stretch marks €800 30 MIN

DIODE LASER 808

The 808nm Diode Laser is a modern instrument that allows permanent hair removal through a laser beam. No more hassles and annoying periodic recurrences at your trusted beautician. With the razor and depilatory cream, hair is removed only on the epidermis surface and regrows after a few hours, while tear-off waxing goes a little deeper: in both cases, the hair bulb is not eliminated and remains active. The 808 diode laser is an almost painless treatment with surprising results from the first sessions. The 808 nm diode laser generates a beam with a specific wavelength (808 nm) that crosses the skin and is absorbed by the pigments of the hairs inside the hair bulb. This causes a temperature increase and the definitive destruction of the cells that germinate the bulb.

808nm DIODE LASER HAIR REMOVAL - face

- Eyebrows €200 15 MIN
- Upper lip €200 15 MIN
- Space between eyebrows €200 15 MIN
- **Full face** €400 15 MIN
- Face and neck €600 15 MIN
- Cheeks €500 15 MIN

808nm DIODE LASER HAIR REMOVAL - Body

- 1 Zone Body- €400 30 MIN
- 2 Zone Body €700 30 MIN
- Total Body €2.200 40 MIN
- Total Body + Face €2.500 60 MIN

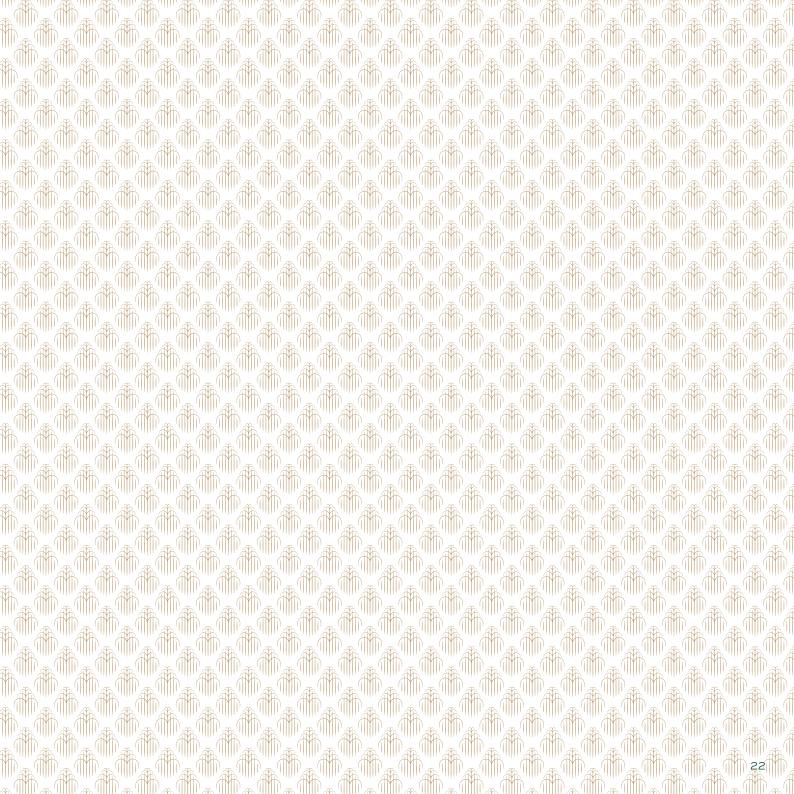


IV THERAPY

€ 220 - 30 MIN

IIV Therapy or infusion therapy is the most modern and effective form of anti-aging treatment because it optimizes and allows the complete absorption of 100% of all nutrients for the body's cells, with an enormous therapeutic benefit unlike what normally happens through traditional supplements. It is a medical method by which a complex of vitamins, minerals, amino acids, and active ingredients is infused intravenously with the ultimate goal of improving the quality of life, giving energy and health. Our treatments:

- Detox: cleanses from heavy metals, detoxifying metabolic action, fat burner
- Immuno: strengthening of the immune system, restoration of energy levels, improvement of health
- Sport: recovery from intense physical activity, increased sports and non-sports performance, antistress
- Beauty: improving the appearance of the skin, restoring physical and mental well-being
- Hair and nails: strengthening of hair and nails, maintenance of hair, protection of cells from oxidative stress





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