



PALAZZO FIUGGI

WELLNESS MEDICAL SPA

DOCTOR MI! RETREAT

1- 3 November 2024



JOIN THE EXCLUSIVE RETREAT WITH DOCTOR MI!
AND DR. MIRIAM REHBEIN: A JOURNEY TO HOLISTIC
WELL-BEING AND INNOVATIVE SKINCARE



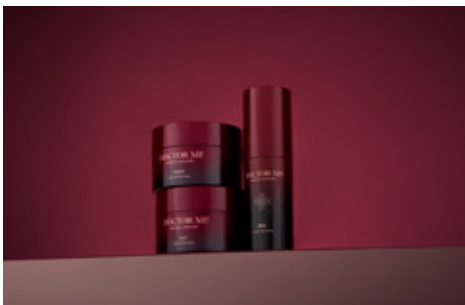
DOCTOR MI! RETREAT

Relax, Renew, Glow

STEP INTO A WORLD OF PEACE AND REJUVENATION, WHERE ADVANCED TREATMENTS AND MINDFUL PRACTICES AWAKEN YOUR INNER GLOW.

From November 1-3, immerse yourself in a transformative experience of relaxation, rejuvenation, and discovery with our exclusive retreat, featuring the renowned dermatologist Dr. Miriam Rehbein.

This retreat not only offers a chance to reconnect with your inner self but also introduces you to Dr. Rehbein's award-winning Doctor Mi! medical skincare line, known for setting new standards in skincare through innovative treatments to improve your skin.





DOCTOR MI! RETREAT

ABOUT THE RETREAT

This exclusive retreat offers a perfect balance between the transformative Doctor Mi! treatments and a holistic wellness experience. The focus is on advanced skincare therapies that rejuvenate your skin using cutting-edge technologies, while also providing opportunities to restore balance through yoga, meditation, and sound healing.

GOALS AND BENEFITS

- Discover skincare innovations – Experience Dr. Rehbein’s advanced treatments for cell renewal.
- Expert insights – Gain valuable skin health knowledge from Dr. Miriam Rehbein, a leader in dermatology.
- Restore balance – Relieve stress and boost emotional well-being with guided meditation and sound healing.
- Revitalize your health – Re-energize through yoga and personalized treatments.
- Enhance your lifestyle – Learn nutritional tips for a healthier, more mindful life.

THE PACKAGE INCLUDES

- 2 x Overnight stays in a Charme room
- Breakfast, lunch, and dinner with the Heinz Beck Food Line
- Fiuggi Water
- 2 x Master Class with Doctor Miriam Rehbein.
- 1 x 90-minute Doctor Mi!
- 2 x Morning Yoga
- 2 x Glow Infusion Aperitif
- 2 x Evening Meditation with Sound Healing Treatment
- 1 x Nutrition Masterclass
- 1 x Gentle Walk
- Unlimited access to indoor and outdoor swimming pools, Roman Therme Baths (700 sqm) with Kneipp path, Sauna and Turkish bath, and Salt Room for ultimate relaxation.

PRICE € 2,846.00 including accommodation in a Charme room, single occupancy, for two nights.

PALAZZO FIUGGI



LOCATION

Palazzo Fiuggi is a wellness medical retreat hotel set on an ancient hillside in an 8-hectare private park and offers unparalleled views of a breathtaking landscape. Palazzo Fiuggi has 102 rooms and suites ranging from 32 to 135 square meters, a restaurant by three-Michelin-starred chef Heinz Beck, three swimming pools, and finally, innovative medical, spa and Movement Lab facilities.



ACCOMMODATION

Included in the package is our charme room. Enchanting room between 30 and 37 sq m with marble-finished bathroom and walk-in shower. They all offer expansive views, and some have balconies. Natural parquet floors are enhanced by tasteful decorative schemes and accessorized with luxurious textiles and furnishings, as well as antiques and original artwork. On request, upgrade to upper category room is available.



FOOD LINE BY HEINZ BECK

Developed by Heinz Beck, the Palazzo Fiuggi Food Line is not an ordinary diet. The Food Line through out the day offers guests a supportive regimen, combining a balanced calorie intake with a targeted movement program and incorporating a personalized combination of nutrients to activate the molecular pathways that stimulate cellular rejuvenation.

MEET YOUR MENTOR



DR. MIRIAM REHBEIN

DERMATOLOGIST AND ENTREPRENEUR

Dr. Miriam Rehbein, renowned dermatologist and entrepreneur, is setting new standards in the skincare industry. With her award-winning skincare line DOCTOR MI! medical skincare, she has made a name for herself not only in Munich but also internationally. Her exceptional know-how and many years of experience in dermatology make her a sought-after expert in skin health.

Dr. Miriam Rehbein founded her own practice, Dermatologie am Friedensengel, based on her extensive medical expertise. Her impressive career began with her studies and doctorate at Heinrich Heine University in Düsseldorf. After challenging residencies in general, visceral and trauma surgery as well as in dermatology at the LMU Munich, she gained years of experience as a specialist in dermatology in renowned Munich practices.

Today, Dr. Miriam Rehbein shares her profound knowledge not only in her own practice, but also as a speaker at international congresses and as an expert in aesthetic medicine. The founding of DOCTOR MI! medical skincare was the result of a personal challenge.

During her studies, Dr. Miriam Rehbein searched in vain for the perfect skincare treatment for acne and rosacea. This search led her to develop her own highly effective formula. Her skin quickly improved and demand for her products grew. In 2018, she finally founded DOCTOR MI! medical skincare. Since then, the brand has experienced rapid growth and enjoys great popularity.

Today, DOCTOR MI! medical skincare's product portfolio includes a wide range of facial cleansing products, effective serums and day and night creams, complemented by high-quality sun protection. The line was named "BEST SKIN-CARE INTERNATIONAL" this year and has a loyal following that includes numerous international stars.



PALAZZO FIUGGI

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